

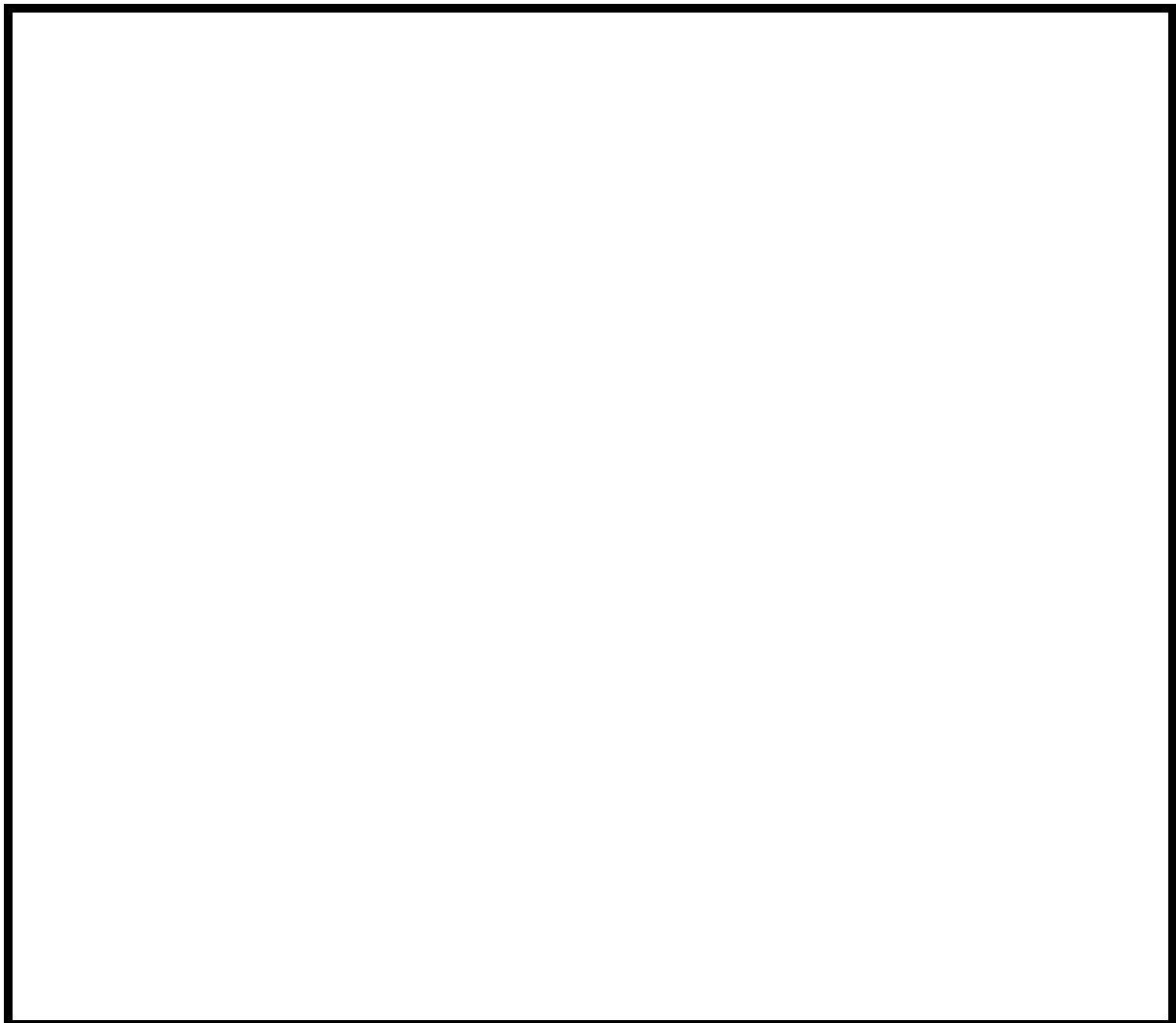
THE **BOSS** HAT *Programme*

CREATING YOUR HAT

Lesson 3 – Hidden Superpowers

What makes you different at work? What do people admire in you?

What positive feedback do you get? What do you find really easy?



Were there any surprises?

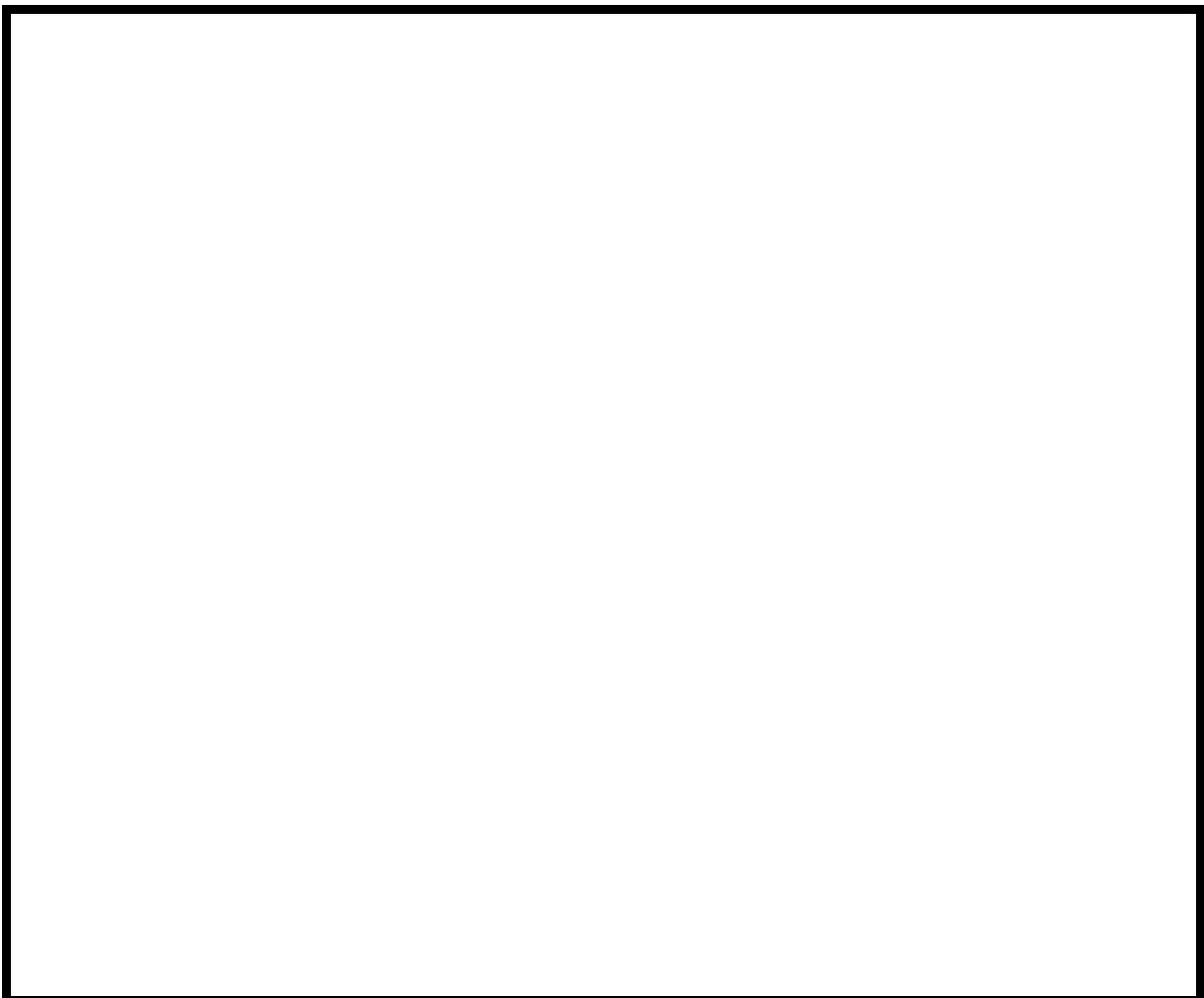
Are you using these skills at the moment?

Are you dismissing these skills as not important?

How can you use them more often?



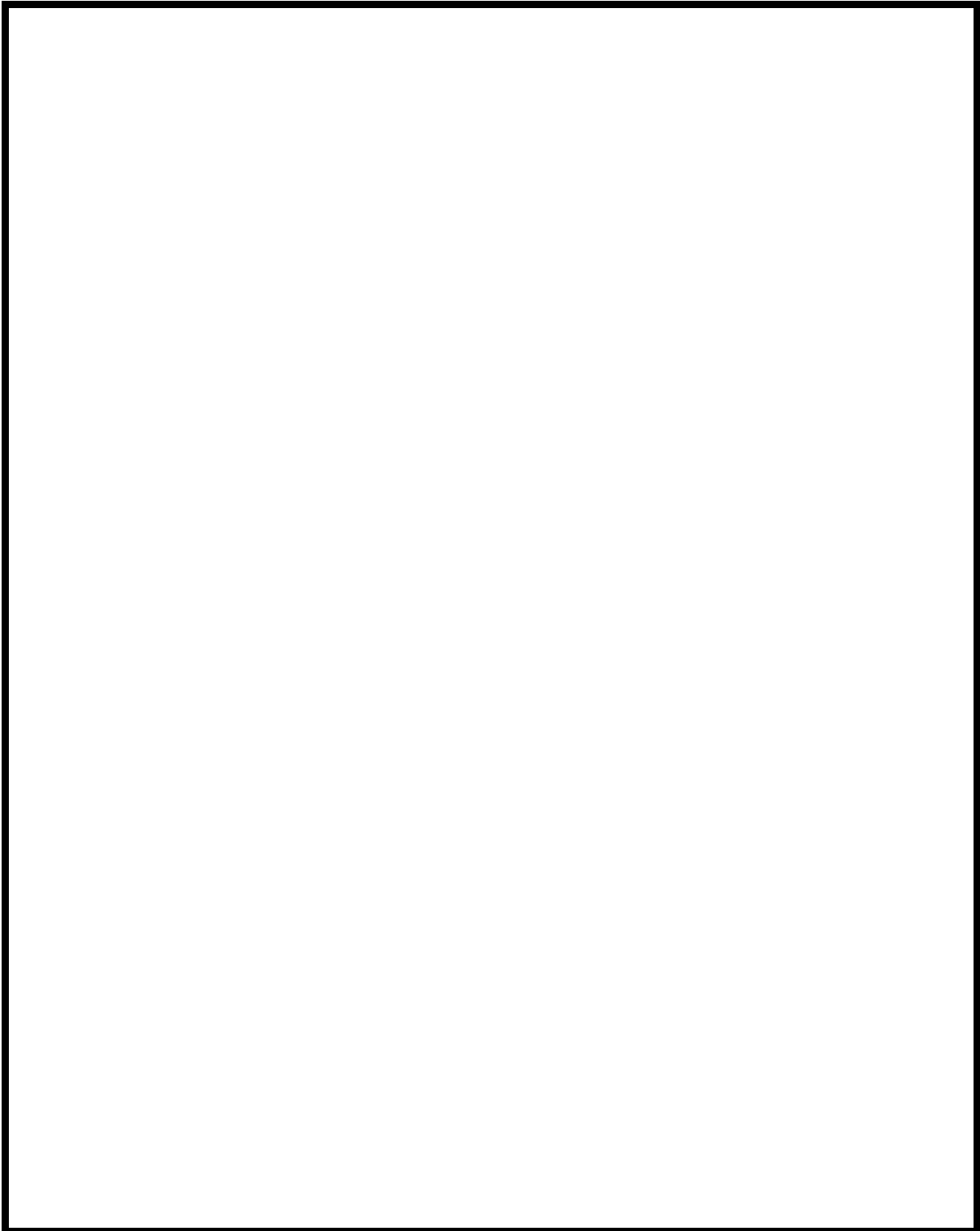
Did you experience any triggers from doing this exercise? (Make a note of what came up for you, and why)



What actions do you have from this exercise?

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Notes

A large, empty rectangular box with a black border, intended for taking notes. It occupies the central portion of the page.